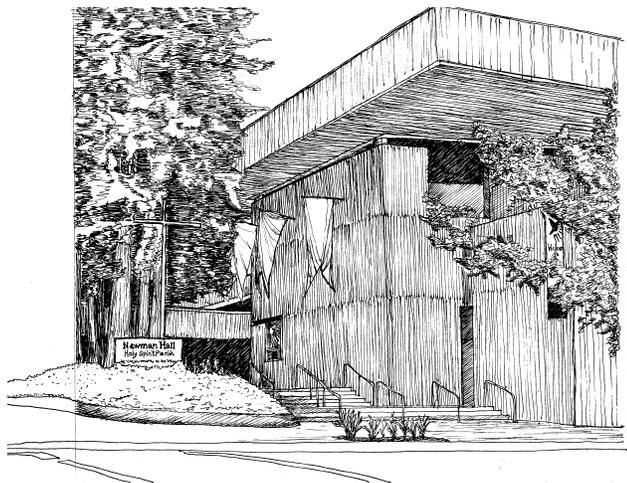


# WELCOME TO NEWMAN HALL - HOLY SPIRIT PARISH



## We Gather,

To hear God's word,  
To taste Jesus' life in Eucharist,  
To be a community of God's love  
for one another and for all

## We Are Sent,

To relish learning that enriches all lives,  
To heal divisions in our church and world,  
To participate in the world's quest  
for justice and peace

**A Ministry of the**



### Staff

**Rev. Ivan Tou, CSP (Pastor)**  
itou@calnewman.org

**Rev. Paul Rospond, CSP (Assistant Pastor)**  
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**Rev. Steve Bossi, CSP (Assistant Pastor)**  
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**Rev. Mr. Brian Konzman, SJ (Deacon Intern)**  
b.g.konzman@gmail.com

### Mass Schedule

**Sunday** Saturday: 5:00pm (Vigil)  
Sunday: 7:30am, 10:00am,  
5:00pm, 10:00pm (candlelight)

**Weekdays** Mon-Sat: 12:10pm  
Thursday: 9:00pm (candlelight)

### Regular School-Year Building Hours

Monday-Friday: 9:00am-9:00pm  
Saturday: 9:00am-6:00pm (1<sup>st</sup> Sat until 7:00pm)  
Sunday: 7:00am-11:00pm

### Reconciliation

Saturday 3:30-4:30pm, Thursday 8:00pm  
or by appointment

### Eucharistic Adoration

Mon-Wed: 9am-10am  
Thursday: 8pm-9pm

### Baptisms and Marriages

Call the receptionist for more information.  
For marriages, please notify the church  
6 months prior to your marriage.

2700 Dwight Way, Berkeley, California 94704

Phone: (510) 848-7812

Website: [calnewman.org](http://calnewman.org)

FAX: (510) 848-0179

E-mail: [info@calnewman.org](mailto:info@calnewman.org)

Follow us on FB/Instagram/Twitter: @calnewmanhall

# February 18, 2018 – First Sunday of Lent

## COMING UP AT NEWMAN

(Student activities in bold)

### Sunday, Feb 18

<b>ALL DAY</b>	<b>UCCC</b>
9:45am	Faith Formation-Sacramental Prep
11:00am	Coffee & Donuts
11:00am	Newman Forum
5:30pm	<b>UCCC Exhibition Faire</b>
7:00pm	<b>UCCC Men's Talk</b>
7:00pm	<b>UCCC Women's Talk</b>
7:30pm	<b>Praise Team Rehearsal</b>
8:00pm	<b>UCCC Adoration</b>

### Monday, Feb 19-Presidents Day

<b>ALL DAY</b>	<b>UCCC</b>
9:00am	Adoration
8:00am	<b>UCCC Breakfast</b>
9:00am	Food Not Bombs
10:00am	<b>UCCC Closing Remarks</b>
12:10pm	OA
1:00pm	Writing Group
6:00pm	<b>Knitting Group</b>
<b>7:00pm</b>	<b>Men's Focus Bible Study</b>
8:00pm	<b>FOCUS Bible Study</b>

### Tuesday, Feb 20

9:00am	Adoration
1:00pm	Tuesday Theology
7:00pm	Living the Eucharist
7:00pm	<b>Seekers Bible Study</b>
7:30pm	Choir Rehearsal

### Wednesday, Feb 21

9:00am	Adoration
7:00pm	<b>Student LBGTO</b>
7:00pm	<b>Rosary Group</b>
7:30pm	<b>Catholicism WOW</b>
8:00pm	Adult Confirmation

### Thursday, Feb 22

7:30pm	Emmaus Group
7:30pm	RCIA
8:00pm	AA
8:00pm	Adoration/Confession/Benediction
9:00pm	Mass (candlelight)

### Friday, Feb 23

12:10pm	OA
7:00pm	<b>ChunJinAhm</b>
7:30pm	AA

### Saturday, Feb 24

11:00am	<b>Catholic Bible Life Movement</b>
3:30pm	Reconciliation
3:30pm	Al-Anon

## CLOSED PRESIDENTS DAY MONDAY, FEB 19 NEWMAN WILL BE OPEN ONLY FOR A 8:30AM MASS.

There will **not** be a 12:10pm Mass.  
Please note the earlier time of Mass  
in order to accommodate  
our UCCC guests.

*If your group still plans to meet,  
please make sure you check out a key  
ahead of time.*



## SCRIPTURE READINGS (Year B: Cycle II)

### Sunday, Feb 18- First Sunday of Lent

Gn 9:8-15; Ps 25:4-9; 1 Pt 3:18-22; Mk 1:12-15

### Monday, Feb 19

Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46

### Tuesday, Feb 20

Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15

### Wednesday, Feb 21-St. Peter Damian, Bishop, Doctor of the Church

Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32

### Thursday, Feb 22-The Chair of St. Peter the Apostle

1 Pt 5:1-4; Ps 23:1-6; Mt 16:13-19

### Friday, Feb 23-St. Polycarp, Bishop, Martyr

Ez 18:21-28; Ps 130:1-8; Mt 5:20-26

### Saturday, Feb 24

Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48

### Sunday, Feb 25-Second Sunday of Lent

Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15-19; Rom 8:31b-34; Mk 9:2-10

## STEWARDSHIP

Weekly Collection for February 11		Sunday Collections thru December 2017	
Sunday	\$7,564.60	Income	\$596,888.13
Online	\$3,045.00	Goal thru Dec	\$597,000.00
<b>Total</b>	<b>\$10,609.60</b>	<b>Deficit</b>	<b>-\$111.87</b>
<b>Weekly Goal</b>	<b>\$11,480.77</b>	☹️	
	☹️	<b>Debt to Diocese</b>	<b>\$271,699.50</b>

*Thank you for your continued generosity and support!*

## OUR COMMUNITY GIFT FOR FEBRUARY

A portion of this month's collection will go to support **East Bay Sanctuary Covenant**, who offer sanctuary, advocacy, and legal services to those escaping war, exploitation, and other expressions of violence.

**FAITHDIRECT**-Sign up with eGiving through **Faith Direct**. To enroll, go to [www.faithdirect.net](http://www.faithdirect.net) and use our parish code **CA705**.

## ANNOUNCEMENTS

**TRADITIONAL LENTEN PRACTICES:** Throughout Lent, Catholics are encouraged to observe the 3-fold discipline of *fasting, almsgiving, and prayer* to prepare for Easter and the renewal of baptismal promises (or baptism). During all the Fridays of Lent, Catholics 14 years and older traditionally abstain from meat. On Ash Wednesday and Good Friday, Catholics who are 18 years of age but not yet 59 traditionally abstain and fast. These practices are not to self-punish or to promote religious pride, but to be powerful reminders of the call to holiness and unity, as they, in varied ways, remind folks of the sacrifice and love of Christ, our sharing in the poverty of people in the world, a call to simplicity, a call to respect creation with a smaller carbon footprint, and many other spiritual insights.



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**NEWMAN FORUM**-Sunday, Feb 18 at 11:15am-*Drawing Upon the Stations of the Cross: A New Perspective.* Come hear Randy Dixon, the artist of Newman's Stations share the story of how he developed his own visual interpretation of this spiritual exercise.

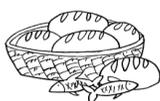
**CHRISTIAN MEDITATION** - The Monday Night Group will not be meeting Monday, February 19<sup>th</sup>.

### COMMUNION MINISTRY TO the SICK and HOMEBOUND

We receive requests intermittently for communion, from community members who are sick or injured and unable to come to Newman. This can be a mutually regarding and grace-filled ministry. If you feel called to help in this way, please contact Colleen at [colleenlenord@gmail.com](mailto:colleenlenord@gmail.com).



**LOAVES & FISHES**-Come and help us prepare and serve meals for the poor and homeless on the first Saturday of the month (3/3). For more information, and how to sign-up please go to: [signup.com/go/wXdCMx](http://signup.com/go/wXdCMx)



**END OF LIFE ISSUES WORKSHOP**-This 90 minutes FREE workshop is part of the *Catholics Care Initiative*. *How to choose your healthcare decision maker? What are we supposed to do with all those forms we are supposed to fill out? What about the Sacrament of the Anointing of the Sick?* We will address these and other questions. Attorneys will be available for consultation, free of charge. Four dates are available for this free workshop: **Feb 21-Brentwood, Feb 22-Walnut Creek, Feb 24-Oakland & March 10-Alameda**. For more info contact Mimi Street at [mstreet@oakdiocese.org](mailto:mstreet@oakdiocese.org) or call 510-267-8392.

### WINTER COLD AND FLU SEASON

As always, you're reminded to use common good sense in the reception of Holy Communion during the annual cold and flu season.

If you are feeling ill or think you may have been exposed to a virus, you should refrain from partaking of the Blood of Christ from the communal chalice. In the same way, you should refrain from offering your hand to others at the sign of peace.

All of us must be aware of such sensitive matters in the intimate life of the Christian community and we should expect that some will refrain from the sign of peace and the communal chalice out of care for our well-being and not out of unkindness or a lack of piety.

### LITURGY AND ILLNESS

Please be aware that the obligation to attend Sunday Mass does not apply to those who are ill, especially those who suffer from contagious disease. It is a sign of consideration for others that those with flu-like symptoms remain at home. We encourage those who are ill to unite themselves to our Crucified Lord and offer their sufferings for their sanctification and the sanctification of the whole world.

### WHAT YOU CAN DO TO STAY HEALTHY

**Know the facts**-Influenza is thought to spread mainly person-to-person through coughing and sneezing of infected people.

**Take everyday actions to stay healthy.**

**Cover your nose and mouth** with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

**Wash your hands thoroughly and often** with soap and water. If soap and water is not available, use an alcohol-based hand rub.

**Avoid touching your eyes, nose and mouth.** Germs spread that way.

**Stay at home if you get sick.** CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

**Get vaccinated.** Vaccination is the best protection we have against flu. Source: Centers for Disease Control (<http://www.cdc.gov>)

**BLACK HISTORY MONTH**, or *National African American History Month*, is an annual celebration of achievements by black Americans and a time for recognizing the central role of African Americans in U.S. history. Since 1976, every U.S. president has officially designated the month of February as Black History Month.



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**-\* - SIMPLY STUDENTS -\***

Students, check out this box each week for upcoming student events.

**STUDENT DINNER** – Every Sun after the 5pm mass, come meet new people and enjoy great food!

**KNITTING GROUP** – Join us and knit so others can be warm. Instructions provided. Mon, 6pm–under the stairs.

**BERKELEY STUDENTS FOR LIFE** – Committed to upholding the value of human life – Mon (on campus)

**SEEKERS BIBLE STUDY** – Explore the power of the upcoming Sunday Readings on Tue, 7pm – Lounge.

**ROSARY GROUP** – Need an oasis of peace to get a lift on life? Join us on Wed, 7pm - Gallery.

**LGBTQ** – A community of LGBTQ Christians meets every other Wed at 7pm - Gallery (next meeting is 2/21).

**CATHOLICISM WOW!** – Explore and discuss topics on the Catholic faith on Wed, 7:30pm – Patio Room.

**CHUN JIN AHM** – Join other Korean Catholics in fellowship and prayer on Fri, 7pm - Gallery.

**FOCUS BIBLE STUDIES** – Small group Bible studies exploring themes or a specific book. Contact Jule ([juliana.coppa@focus.org](mailto:juliana.coppa@focus.org))

**SMT COMMITTEES (Community, Outreach, Liturgy, Service, Education & Faith Development)** – Join an SMT Committee to meet other great students and help plan amazing activities for students. Contact [SMT@calnewman.org](mailto:SMT@calnewman.org)

**Dating Panel** – Trying to navigate the complex world of relationships? Wondering how to discern healthy from unhealthy relationships? Come listen to a panel of Catholics who are in various stages of relationships from dating to engaged to married to empty nesters. This event happens on Friday, Feb 23 at 7pm in the Lounge.



**Berkeley Project** – Sign up with the Newman team as we participate in the Berkeley Project to help improve our community. Applications closes soon. The event will be 3/10.

**Newman Formal: *Night Under the Stars*** – Mark your calendars for Saturday, 3/10 when Newman will be having it's formal in the multiversity room. It'll be a magical night of dancing, fellowship, eating, and fun under the stars. If you'd like to help, contact the Jessica or Evelia at the SMT Community Committee ([smt.community@calnewman.org](mailto:smt.community@calnewman.org)).



## **Pope Francis' Guide for Making the Most out of 2018 (Part I)**

aleteia.org/2018/01/07/12-new-years-resolutions-for-12-months-from-pope-francis/#.WILIH3KUxwc.facebook

1. *Build bridges, not walls*
2. *Let yourself be moved by suffering ... and then do something*
3. *Don't be afraid to be ashamed of yourself and recognize when you've done wrong.*
4. *Dream of love*
5. *Avoid attachment to riches*
6. *Pray daily for your health and that of your loved ones*

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This list reflects a selection of writings and addresses from Pope Francis, which we excerpt below:

### ***1. Build bridges, not walls***

Every Christian always builds bridges of dialogue with others, not walls of resentment. A Christian should always seek the path of listening, the path of reconciliation, with humility and meekness, because that's what the Son of God has taught us. (Santa Marta homily, January 23, 2015)

### ***2. Let yourself be moved by suffering ... and then do something***

You know, brothers, that hypocrites do not know how to weep, they have forgotten how to weep, they do not ask for the gift of tears.

When one performs a good work, the desire arises almost instinctively in us to be esteemed and admired for this good action, to gain satisfaction from it. Jesus calls us to perform these gestures without ostentation, and to rely solely on the reward of the Father "who sees in secret" (Matthew 6:4, 6, 18). (Ash Wednesday homily, February 18, 2015)

### ***3. Don't be afraid to be ashamed of yourself and recognize when you've done wrong***

We must learn the science and wisdom of accusing ourselves ... I accuse myself, feel the pain caused by the wound, learn where it has come from, and then indict myself regarding it. Do not be afraid of remorse, for it is a sign of salvation. (Santa Marta homily, September 28, 2017)

### ***4. Dream of love***

"You can't have a family without dreams," Francis said in Manila in 2015. "Once a family loses the ability to dream, children do not grow, love does not grow, life shrivels up and dies. ... Dreaming is very important. Especially dreaming in families. Do not lose this ability to dream!" (Pope: We must let children play! To play is to dream ...)

### ***5. Avoid attachment to riches***

The attachment to riches is the beginning of all kinds of corruption, everywhere. ... There is a mystery in the possession of wealth. Riches have the ability to seduce and make us believe that we are in a paradise on Earth. That "paradise" is a place without horizon. (Santa Marta homily, May 25, 2015)

### ***6. Pray daily for your health and that of your loved ones***

The Church invites constant prayer for her own loved ones stricken with suffering. There must never be a lack of prayer for the sick. But rather, we must pray more, both personally and as a community. ... [I]n general, times of illness enable family bonds to grow stronger. I think about how important it is to teach children, starting from childhood, about solidarity in times of illness. An education which protects against sensitivity for human illness withers the heart. It allows young people to be "anaesthetized" against the suffering of others, incapable of facing suffering and of living the experience of limitation. (General audience, June 10, 2015)